NAME: _____

DATE: _____

GOALS of these "At the End" efforts include:

- Reflecting on what has been important in your life and summarizing it
- Sharing this resulting gift with your loved ones assuring they know
 - o actions already taken/pre-paid for next steps near and after death
 - your wishes about actions and public events following your death
 - favorite scripture, stories, poems, song, pictures, and more for use in celebrating your life in whatever fashion your family/friends choose
- Making any/all memorial gathering efforts more effective and meaningful

AS I NEAR THE END, MY LOVED ONES SHOULD KNOW ...

- ____ My "Binder of a Lifetime" contains all the items below! :-)
 - I have advance health care directives (living will and PoA for HC) my primary health care physician has copies on file Others having copies:
 - ____ I have a will/trust located here:_____
 - Others having copies: _____
 - I have a power of attorney located here:_____ Others having copies: _____
- ____ A starter obituary is in the About Me tab and/or printed with these materials or in this location on my computer: _____
- ____ My completed <u>VALUES WORKSHEET from Compassion & Choices</u> is in the Wills/PoA tab of the Binder of a Lifetime
- ____ Key loved ones to contact about next steps include:

Pastor/Spiritual Contact:	Phone:
Name (relationship):	Phone:

Consider spending time with loved ones listed above on your "Conversation of a Lifetime." SEE MORE HERE: <u>www.ConversationsOfALifetime.org</u>

AT THE END

NAME: _____

DATE: _____

AFTER MY PASSING (check one for each item, filling in details where possible)

• Do you wish for your body to be available first for organ donation? ___Yes; ____No; If Yes, have you made special arrangements with a group in advance for donation and/or scientific purposes? If so, please list the group(s) here:

_____and include any documentation

you have from them

- Do you wish your body to: ____ be buried; ____ be cremated; other: ____
- Additional burial, memorial, etc. plans include... (fill in as applicable)
 - I wish to be buried and/or have ashes placed in this memorial garden/cemetery:
 ______Have you pre-paid for the stone and/or

cemetery site, and if so, list details (where are receipts located?)

I wish my ashes to be kept by: _____ and scattered here if possible: _____

 \circ Here are other wishes I have related to memorials (trees, benches, etc..):

- Should people wish to give memorial gifts, my wish is they would go to
 ______ and/or
- If I have pets still living when I die, here would be my wish for who they are placed with, if possible (specify details): ______
- I have composed a brief farewell and it is located in hard copy in my BoaL, with these documents and/or as an electronic file in this location on my computer (describe): ______
 - Send to special people in my life their contact information is located here:
 - ____ Please use my email distribution list
 - Username:
 - Password:
 - "Send to all" in email distribution or use the smaller list located here:

 \circ _____ Put this as a note in the memorial service bulletin

AT THE END

	my death, I would like a memorial service/funeral to be held		
	_Yes (CONTINUE on this page) No (SKIP to page 5)		
	e fill in the service details for topics where you have specific wishes:		
	Location: (name of church, funeral home or ?)		
0	with officiating/organizing		
0	Describe the atmosphere (tone of service, length, "preachiness") you would prefer and any actions you think will help make that happen:		
0	People you would like to be asked to publicly share a eulogy and/or summary		
	experiences (not that all need to be asked):;		
0	; Songs for the congregation to sing (circled/listed on Page 4)		
0	Person/group you'd like to have do special music, if it can be arranged:		
0	; Scripture/readings to include (circled/listed on Page 4) People you'd like to		
	have do these readings?;;		
0	Rituals I would like to include** (faith-based, military, lodge or ???):		
0	Consider including items described below		
	 Favorite quotes listed here (or attach) 		
	 Meaningful poem(s): 		
	 Advice I'd like to share: (attach) 		
	 Copies of prose you wrote: (attach) 		
	 A good photo to use is included here (attach or put in pouch) 		
	 A short (300-500 word) biography is here (attach) 		
0	Give attendees flower seeds/bulbs to brighten a place they see		
0	Pallbearers (if casket):;;		
	;;;;		

** May choose to have these done separate from the memorial service/funeral

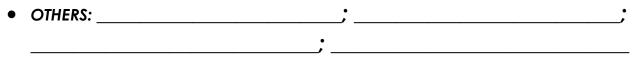
Binder of a Lifetime

AT THE END

NAME: _____ DATE: _____

SONG POSSIBILITIES***: Circle songs you would like to have considered

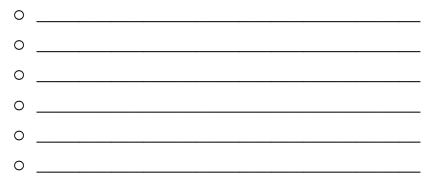
- MORE TRADITIONAL: Amazing Grace; Oh Let Me Walk With Thee; Old Rugged Cross; It is Well With My Soul; Nearer My God to Thee; Blessed Assurance; Abide With Me; Just a Closer Walk with Thee; How Great Thou Art; Great is Thy Faithfulness; Rock of Ages; I Was There to Hear Your Borning Cry; His Eye is on the Sparrow; Hymn of Promise (#707 in Methodist hymnal); I'll Fly Away
- MORE CONTEMPORARY***: One Sweet Day; Yesterday; My Heart Will Go On; Tears in Heaven; I Will Always Love You; Goin' up Yonder; The Upper Room; Ava Maria; Dance With My Father; I Will See You Again; On Eagles' Wings; Turn, Turn, Turn; Lean on Me; Never Alone;



*** NOTE: if words printed/listed as part of a service, having the legal rights to do so will need to be investigated

POSSIBLE READINGS:

• SCRIPTURES: A separate page includes many possibilities (please list them below or circle them on that separate sheet and include it with the binder)



NAME:	DATE:
	tact following my death, who can then contact others ntacts, work associates, etc.), are below.
NAME (relationship)	CONTACT INFO (email, phone or address)

OTHER COMMENTS [NOTE: if needing more space for additional thoughts, internment details, additional contacts, etc., attach a separate sheet(s)]:

By my signature below, I indicate my desire to the arrangements outlined in this "At the End" section (NOTE: should you want to establish a person(s) with direct responsibility for your "At the End," see an attorney to set up a formal, legal "Declaration of Funeral Arrangements")

Printed Name:	
Signature:	
Date completed:	 (Change date here whenever revised)